

Early Childhood Kung Fu



We teach Kung Fu techniques that lay a strong foundation for health, wellness, and self-defense. Our program awards animal badges and promotes attainment of the Dragon Warrior rank. We accommodate children aged 3 years and above. We offer whole group, small group, and private individualized instruction. Early childhood kung fu classes are taught by instructor Irma Martinez. Irma has studied martial arts since she was a teenager and has 16 years experience working as a school teacher. She is passionate about delivering high quality instruction that builds confidence and vivid imaginations.



**Classes meet
Tuesdays & Thursdays 4:30 – 5:30 pm
and by appointment**

**As Is Our CONFIDENCE, So Is Our
CAPACITY!**

- William Hazlitt, 18th century American philosopher